

**In the Claims:**

Please amend the claims as follows:

Claims 1-35 Cancelled

36.(New) A fitting for lift-slide sashes or lift-slide frames of doors or windows, comprising at least one forend rail,

a drive rod axially moveable on the forend rail and fastenable in a groove in a frame or sash element of the lift - slide sash or frame,

wherein the forend rail is a flat band, and

wherein a width of the forend rail is greater than the width of the drive rod so that the forend rail forms edge portions for bearing against contact surfaces which are formed by recesses on sides in a groove in a frame element of the lift and slide frame.

37.(New) The fitting as claimed in claim 36, wherein the fitting comprises

at least one running shoe located on a bearing element, the running shoe movable on a longitudinal running shoe axis relative to the bearing element for raising and lowering the lift-slide sash or lift-slide frame, and

a coupling element connecting the at least one running shoe for movement with the drive rod,

whereby the coupling element is a rigid coupling element having a first and second end, which is guided in the bearing element and is connected at the first end with the drive rod and at the second end via a jointed connection with the running shoe.

38.(New) The fitting as claimed in claim 36, wherein the fitting comprises

at least one running shoe located on a bearing element so that the running shoe is movable on a longitudinal running shoe axis relative to the bearing element for raising and lowering the lift-slide sash or lift-slide frame, and

a coupling element which connects the at least one running shoe for movement with the drive rod, whereby a casing of the running shoe is made as one piece.

39.(New) The fitting as claimed in claim 37, wherein the coupling element is a partial ring having a ring axis and is located in the bearing element such that the ring axis is in a plane perpendicular to a casement plane.

40.(New) The fitting as claimed in claim 37, wherein the coupling element is designed with a rack and pinion on the first end engaging a toothed or perforated section of the drive element.

41.(New) The fitting as claimed in claim 37, wherein the second end of the coupling element is connected via a jointed connection with the running shoe.

42.(New) The fitting as claimed in claim 37, wherein the coupling element second end engages a coupling opening of the running shoe.

43.(New) The fitting as claimed in claim 37, further comprising an arc-shaped guide in the bearing element for the coupling element.

44.(New) The fitting as claimed in claim 37, wherein the coupling element is a preformed part made of metal or plastic.

45.(New) The fitting as claimed in claim 37, wherein the coupling element has a noncircular profile.

46.(New) The fitting as claimed in claim 37, wherein the bearing element is an elbow having a first and second leg.

47.(New) The fitting as claimed in claim 46, wherein the drive element is guided on the first leg and the running shoe runs in bearings on the second leg.

48.(New) The fitting as claimed in claim 46, wherein the coupling element is located in the area of the junction of the two legs in the bearing element.

49.(New) The fitting as claimed in claim 37, wherein the running shoe has a running shoe casing with two walls extending in the longitudinal direction of the running shoe and at a distance from each other, and that at least two rollers can turn on bearings between the two walls.

50.(New) The fitting as claimed in claim 49, wherein the longitudinal walls of the running shoe casing are connected with each other at least on the ends of the running shoe by means of end walls.

51.(New) The fitting as claimed in claim 37, wherein at least one projection forming a guide for the running shoe is located on the bearing element.

52.(New) The fitting as claimed in claim 51, wherein the running shoe has a running shoe casing, and wherein the at least one projection extends into the running shoe casing and forms lateral guide surfaces for inner surfaces of the running shoe casing.

53.(New) The fitting as claimed in claim 51, wherein at least one lifting curve is formed on the projection with which a guide or slide element of the running shoe works together.

54.(New) The fitting as claimed in claim 53, wherein the lifting curve is formed by a recess.

55.(New) The fitting as claimed in claim 53, wherein the slide element is a guide bolt.

56.(New) The fitting as claimed in claim 45, wherein the coupling element has a rectangular profile.

57.(New) The fitting as claimed in claim 37, wherein the coupling element is guided in the bearing element for sliding movement.